FAMILY EDUCATION PROGRAMS WINTER 2023 | JANUARY - MARCH

FARMYARD STORYTIME - \$7 Pre-registration Required

Every Monday Jan. 2 - March. 27 - 10am-11am. *Open to all ages. Location: Education Barn.* Story books amongst the farmyard critters, what could be a more enjoyable start to your week?

NIGHTTIME EXPLORERS - \$7 AFTERNOON

Pre-registration Required

Jan. 5 & Feb. 2 - 4:30pm-6pm.

Open to ages 6 & up. Location: Education Barn. Darkness transforms the natural world around us into a different and mysterious place. We hope you accept our invitation to explore the curiosities of the night and join us to enjoy all the adventures it has to offer.

FRIDAY FARMERS - \$7

Pre-registration Required

Every Friday starting Jan. 6 - March 31 - 10am-11:30am. Open to ages 3 and up. Location: Education Barn. Come get your boots dirty and join us as we explore the many jobs on the farm and meet the animals.

AFTERNOON AT THE EQUESTRIAN CENTER - \$7 AFTERNOON

Pre-registration Required Jan. 13, Feb. 17, Mar. 10 - 12:30pm-2pm.

Open to ages 6 & up. Location: Equestrian Center. Enjoy an afternoon at our Equestrian Center with the amazing Morgan Horses that are housed there. We will tour the Morgan Horse Museum, arena, outdoor pastures, and help groom one of our favorite equine friends in the barn.

FARMYARD HELPER - \$7 **Pre-registration Required**

Jan. 14, 22 Feb. 11, 19 Mar. 11, 19 - 3:00pm-4:30pm. Open to ages 6 & up. Location: Education Barn. Add some excitement to your day and join us in the Family Farmyard for a specially designed program for the older kiddos. Your hands will get a little dirty while you get an up close and personal experience with our resident farm animal personalities.

UDDERLY AMAZING - \$7

Pre-registration Required

Jan. 19, 25 & Feb. 9, 23 - 10am-11:30am. Open to all ages. Location: Education Barn. Join us to explore the dairy barns and learn about the lifecycle of our resident Holstein cows. We'll also talk about how they produce some of our favorite treats such as milk, cheese and ice cream!

BUTTER MAKING LEARN & CHURN - \$7 **Pre-registration Required**

Jan. 21. Feb. 21 - 10am-11:30am.

Open to all ages. Location: Education Barn. Meet our beautiful dairy cows and learn how to churn their milk into butter. This engaging program will take us to the barns as we walk, learn, and shake up some homemade butter to sample.



(207) 650-3031 education@pinelandfarms.org www.pinelandfarms.org

AFTERNOON

MAKING TRACKS - \$7

Pre-registration Required Jan. 28 & Feb. 4, 11, 12 - 2pm-3:30pm.

Open to ages 6 & up. Location: Education Barn. Join us for a snowy adventure on the farm. We will gear up in our snowshoes and warm winter wear and go for a short walk through the fields and hopefully see evidence of wildlife along the way! (snowshoe rental included, weather dependent).

AFTERNOON

MAPLE SUGARING - \$7

Pre-registration Required

March 7, 9, 15, 18 - 10am-11:30am. Open to all ages. Location: Education Barn. It's time to collect the sap from our maple trees and turn it into delicious maple syrup. We'll learn how this naturally sweet treat is made and awaken our taste buds this sugaring season.



WEEKEND PROGRAMMING

We have programs on Saturdays to make it easier for families with school age children to attend.

FARMYARD HELPER - Jan. 14, 22 Feb. 11, 19 Mar. 11, 19 - 3:00pm-4:30pm.

BUTTER MAKING LEARN & CHURN - Jan. 21 - 10am-11:30am.

MAKING TRACKS - Jan. 28 Feb. 4, 11, 12 - 2pm-3:30pm.

MAPLE SUGARING - March 18 - 10am-11:30am.

MAINE MAPLE SUNDAY - March 26 - We'll be celebrating all week long.

Maple Week is March 20-26, stay tuned for details.

FOR STORM CANCELLATIONS See Storm Center WCSH6

FAQ's

- Our barns are exposed to the elements. Please wear appropriate winter attire.
- Adult paid participation is required.
- Arrive 15 minutes early to programs.
- Due to the nature of a working farm some programs / featured animals will vary.

TEEN & ADULT ACTIVITIES WINTER 2023 | JANUARY - MARCH

FULL MOON SNOWSHOE - \$30

Pre-registration Required Jan. 6, Feb. 5, March 7 - 5pm-8pm.

Open to all ages. Must be able to hike various terrain in snow for 3 miles. Location: Outdoor & Fitness Center. Weather dependent.

We will be snowshoeing from the Pineland Farms Outdoor & Fitness Center to Oak Hill Cabin where the group will enjoy a lit firepit and great views of the Full Moon and the surrounding stars. During this outing you will be learning how to use and hike in snowshoes, how to read our trail maps and locate where you are on the trails, how to prep for snowshoeing adventures, proper snowshoeing attire, responsible leave no trace principals, Snowshoe etiquette, and much more! Snowshoes provided or bring your own.

Contact: Outdoor@pinelandfarms.org or 207.688.6599

NATURE FOREST THERAPY - \$20

Pre-registration Required

Jan. 29, Feb. 12, Mar. 5 - 12pm-2pm Ages 18 & up. Location: Education Barn. Are you looking for a different way to destress and connect to

the natural world around you? Hughes Kraft, a Certified Nature Forest Therapy Guide, is partnering with Pineland Farms to share his knowledge of and love for the spectacular forests of Maine.

Nature Forest Therapy Walks are two hour opportunities to slow down, connect with nature and with oneself. It is not a destination hike, nor is it a nature walk where things are named and described, it is an invitation to explore the relationship between the humans and the more than human world surrounding us. We hope you accept. Contact Education: education@pinelandfarms.org or

207.650.3031

ADULT PICKLEBALL - \$5

Drop-in or reservation

Jan. 2 - Mar. 31 - Mondays 6pm-8pm | Thu.Fri.Sat.Sun. 9am-11:30am

Open to ages 18+. Location: Outdoor & Fitness Center. Join us for adult pickleball. Each day pickleball is available we will have 2 courts for pickup/drop-in and 2 courts available for private rental at \$60/2 hours. Call in advance to reserve 207.688.6599. All participants will need to sign a waiver. Contact: Outdoor@pinelandfarms.org or 207.688.6599

FAMILY OPEN GYM - \$5 Drop-in

Jan. 1 - Mar. 26 - Sundays 1pm-4pm

Open to all ages. Location: Outdoor & Fitness Center. Join us for family open gym. Bring out the family to shoot hoops, play floorball, wiffleball, or indoor soccer. We will divide the gym in half for two different activities. Choose the activity to play with your family or join others. All participants will need to sign a waiver. Contact: Outdoor@pinelandfarms.org or 207.688.6599

DISC GOLF PUTTING - \$5 Drop-in

Jan. 4 - Mar. 29 - Wednesdays 6pm-8pm

Open to ages 18+. Location: Outdoor & Fitness Center. Join us for disc golf putting every Wednesday. Discs provided or bring your own. All participants will need to sign a waiver. Contact: Outdoor@pinelandfarms.org or 207.688.6599



(207) 688-6599 outdoor@pinelandfarms.org www.pinelandfarms.org

ADULT BASKETBALL - \$5

Drop-in

Jan. 3 - Mar. 28 - Tuesdays 6pm-8pm

Open to ages 18+. Location: Outdoor & Fitness Center. Join us for basketball every Thursday. Basketballs provided or bring your own. All participants will need to sign a waiver. **Contact:** Outdoor@pinelandfarms.org or 207.688.6599

TEEN OPEN GYM - \$5 **Drop-in or reservation**

Jan. 3 - Mar. 29 - every Tues. 2:30pm-5pm & Sat. 1pm-4pm | Dec. 14, 26, 27, 28, 29, 30 Jan. 16, 18, Feb. 15, 20, 21, 22, 23, 24 Mar 15 12:30pm-5pm Open to ages 13-18. Location: Outdoor & Fitness Center.

Join us for teen open gym on Tuesdays and Saturdays as well as on early release days and vacation weeks this winter! Activities will rotate between basketball, floorball, wiffle ball, dodgeball, and volleyball each week. Students MUST have a parental signed waiver BEFORE participating. Contact: Outdoor@pinelandfarms.org or 207.688.6599

SPRING HAS SPAWNED - \$27

GETTING YOUR GARDEN READY FOR MUSHROOM CULTIVATION WITH NORTH SPORE **Pre-registration Required**

Feb. 4. 18 - 11am-1pm Ages 14 & up. Location: Education Barn. Every gardener in America should be growing mushrooms! If upgrading your garden this year sounds fun, join Louis Giller for an informative presentation. He will cover:

- · Steps for a successful season of outdoor mushroom cultivation
- Growing techniques, tools and materials needed as well as the appropriate mushroom species to use
- Best times to prepare, plant, and expect harvests
- How to keep the garden healthy throughout the season.

Contact Education: education@pinelandfarms.org or 207.650.3031

Stay tuned for other Recreation Activities throughout the winter. These could include Women's Snowshoe Hike, Ice Skating Nights, and more. Check trail conditions or our events calendar for updates: https://pinelandfarms.org/recreation/outdoor-center/



Pre-register for teen & adult activities here:



*Ask about our Farm Season Pass Recreation Passes, & and Open Gvm Punch Cards for discounts.

MORE THINGS TO DO

In addition to our programs & activities Pineland Farms is open daily for farm visits and recreation. Stop by the Market for delicious food in our cafe & bakery or for a wide array of locally sourced produce, meats, cheeses, and grocery items - 15 Farm View Drive, New Gloucester, Maine.

FARM VISITS

You can visit the Dairy Farm, Family Farmyard, and Equestrian Center year-round with a 2-Hour Farm Pass. Farm passes are pre-registration, purchase online to reserve a time slot. 207.650.3031

Visit: https://shop.pinelandfarms.org/ collections/all-classes-events/ 2-hour-farm-pass





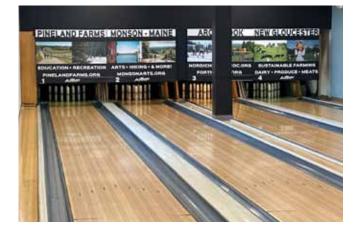
HEATED SNOW GLOBES

Warm up in a heated snow globe after enjoying a day on the winter trails. Reservations can be made 10am-4:15pm (last reservation). Rentals are \$25/hour. The Market closes at 6pm daily. 207.688.4539

Visit: https://pinelandfarms.org/ snow-globe-rentals/











OUTDOOR RECREATION

Take your family on the trails for cross-country skiing, snowshoeing, or fat biking, go sledding or ice skating, or enjoy our indoor open gym activities like basketball, pickleball, and more! 207.688.6599



Visit: https://pinelandfarms.org/recreation/ outdoor-center/



CANDLEPIN BOWLING

Family-friendly lanes include bumpers for those who would like to utilize them. Paper score cards are provided. \$20/lane per hour. 4 people per lane. Please bring your own bowling shoes or wear socks. 207.688.6599



Visit: https://pinelandfarms.org/recreation/ outdoor-center/candlepin-bowling/

*Ask about our Farm Season Pass, Recreation Passes, & and Open Gym Punch Cards for discounts.



PINELANDFARMS.ORG 15 Farm View Dr. New Gloucester, Maine

WINTER 2023 PROGRAMS & ACTIVITIES January - March